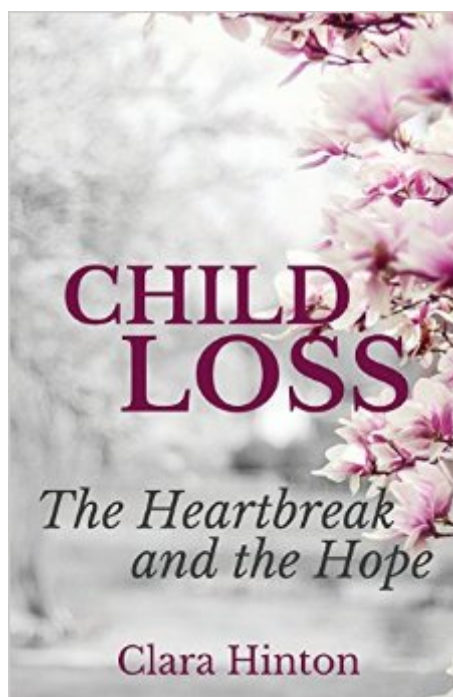


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# Child Loss: The Heartbreak And The Hope



## Synopsis

This book was born from a heart that has been broken by the loss of two of Clara Hinton's sons. It is her belief that hearts broken by the loss of a child will always have a void, and there will forever be a longing ache for the child that is no longer here. But, we can and must learn to live in our brokenness. Deep within our hearts are seeds of hope. When we nurture those seeds we will learn how to see life with eyes of love once again. It is Clara's sincere hope and prayer that as you read *Child Loss: The Heartbreak and the Hope* your heart will be warmed and you will be able to see life from a new perspective that moves far beyond the heartbreak of child loss into the light of hope. She wants to thank you for walking through this journey of loss with her. As we rewrite our story from within our brokenness, may our story be one of courage and hope! This book is a must-have for anyone who has experienced the loss of a child. It is a practical guide for reentering life after loss and will most assuredly plant seeds of hope within your broken heart.

## Book Information

Paperback: 116 pages

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Product Dimensions: 5.5 x 0.3 x 8.5 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (36 customer reviews)

Best Sellers Rank: #30,723 in Books (See Top 100 in Books) #68 in [Books > Self-Help > Relationships > Love & Loss](#) #114 in [Books > Self-Help > Death & Grief](#)

## Customer Reviews

A very thoughtful, helpful and perceptive roadmap for those who have experienced the indescribable loss of a child. Clara Hinton writes from the heart and offers hope to those in need. I strongly recommend it.

I highly recommend this book! It is beautifully written, describing the many thoughts and feelings we have, as parents who have lost a child. On every page, I felt like the author was talking to me. I am very grateful to have found this book, for the author put in to words, what i could not, and gave me hope.

Clara Hinton writes from her heart and soul. She knows what it is like to experience a miscarriage, to bury an adult child, to bury a sister. This is an excellent book on child loss. I met Clara in 2008 at a silent grief retreat, after knowing her as a cyber friend and sister of my heart. (Sister of my heart is a term I give to other mothers who have experienced child loss). I highly recommend not only *Child Loss: The Heartbreak and the Hope*.... but also her *Silent Grief*. Clara knows the pain and that there can be sunshine again although it shines differently.

The author has lived through this and maintained her faith and humanity. Literally the right words and right size book to help the person you know to cope with loss. The added bonus is knowing you can still find joy. Very highly recommended.

I lost my son one year ago, and it has been a lonely journey. Clara has written with such an understanding of the pain and loss of losing a child, you feel you are not alone in this. She writes with the understanding of brokenness, yet provides such hope in her chapters. This was THE best book to read for child loss, I have read more than several, and I have read this twice already and referenced chapters numerous times.

I've used Clinton's first 1998 book on bereavement, *Silent Grief*, as a textbook in my Death and Dying courses I teach at my public college for five years now. It fits into my syllabus as the perfect follow up to Kubler Ross's *On Death and Dying*. Hinton's first book on grief and her frequent willingness to lecture at my college has given voice to a grief that is unique to women, and that has therefore been long overlooked. It certainly did not need a sequel, and yet 2016's *Child Loss: The Heartbreak and the Hope* is just that. Sadly, it is a sequel born out of necessity due to further grief the author has experienced. *Silent Grief* dealt with miscarriage and child loss at birth, *Child Loss: The Heartbreak and the Hope* deals with losing adult children who should have lived to bury their parents, not the other way around. It's a brave book I recommend to college classes like mine as well as to church groups and support groups seeking to put words to a grief that should not be but too often is. Dr. Kenton Stone

As a mother mourning my son's tragic death I often feel alone and without hope in this pain. Clara's book brings us together as community in our suffering and shows the griever (and those who love them) that even in unspeakable pain there are lessons for us to learn in re-building our shattered

lives. Love remains our hope and the way forward in honoring the footprints our child left behind. While life has forever changed for us, Clara gently whispers to be present in this moment, to sharpen our awareness of what remains of value, find gratitude in having known our child, and to be compassionate with ourselves. This painful journey can be made beautiful as we wrap it in love.

What a beautiful book !! Have not read the whole book yet but reading a chapter a night. The book is helping me with the loss of my best friend , my son.

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